

THINK ON THESE THINGS

PHILIPPIANS 4:4

4 Rejoice in the Lord alway: and again I say, Rejoice.

5 Let your moderation be known unto all men. The Lord is at hand.

6 Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God.

7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, **think on these things.**

ISAIAH 26:3

3 Thou wilt keep him in perfect peace, whose mind is ***STAYED** on thee: because he trusteth in thee.

STAYED: camak {saw-mak'}
rest, lean against, to support, uphold, sustain, refresh, revive

MATTHEW 15:17

17 Do not ye yet understand, that whatsoever entereth in at the mouth goeth into the belly, and is cast out into the draught?

18 But those things which proceed out of the mouth come forth from the heart; and they defile the man.

19 For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies:

LUKE 12:28

28 If then God so clothe the grass, which is to day in the field, and to morrow is cast into the oven; how much more will he clothe you, O ye of little faith?

29 And seek not ye what ye shall eat, or what ye shall drink, neither be ye of ***DOUBTFUL** mind.

DOUBTFUL: meteorizo {met-eh-o-rid'-zo}

by a metaphor taken from ships that are tossed about on the deep by winds and waves, to cause one to waver or fluctuate in the mind; to agitate or harass with cares; to make anxious

II CORINTHIANS 10:5

5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and **bringing into *CAPTIVITY every thought to the obedience of Christ;**

CAPTIVITY: aichmalotizo {aheekh-mal-o-tid'-zo}

to lead away captive, to capture ones mind, captivate

Your cells *feel* the way you do! Your thoughts *do* create your reality! What you spend your time thinking about, becomes the facts of your life. That's why positive affirmations actually work – repeating simple, positive, powerful statements to yourself, **changes the frequency of the vibrations around your own neuropeptides**, allowing cells to function better, your mind to find solutions to reach your goals, and your whole body-mind system to function optimally. Changing your habitual thought patterns to one of positivity and love, to remove energy blockages, will allow the electrons around the nucleus of your neuropeptides to send positive, feel-good vibrations of waves and particles throughout your body-mind being. These vibrations bind to your cell receptors and allow the message to go right into your physical and spiritual DNA, the genetic source of your being.

Emotions like bitterness, unresolved anger, resentment, fear and worry **constantly trigger your stress response**. These then

become buried in ever deepening layers inside the cell memories. The layers become the physical footprints of your dream body, psyche or soul, manifesting in physical illness or chronic health problems. Once the cell memories are awakened, they can reach the conscious mind, so that you can make contact with your whole, integrated human *beingness*, leading to the identification of the deep issues that might play a role in the disease process. Through this, disease becomes a teacher potentially leading to important life lessons, personal and spiritual growth and healing from the inside out. The choice and free will to follow this path, is yours!

One of the strongest effects of positive thoughts, it gives you the power to control your body on a cellular level. . .

When you are thinking positively about your life, your body is "at rest. . . "

No adrenaline. . .

Heart is happy. . .

No stress hormones (like cortisol) running through your system (which make you sick and old!)

Your cells want more of the "happy" chemicals that are produced when you're thinking positive and your cells will help you stay positive so they get their "fix. "

Your brain is a very powerful tool that can be used to either positively or negatively impact your life. Your brain frequencies affect how you think, how you feel and how you react to life on a daily basis.

What if you could control your brain so that it only allowed you to experience the low frequency states associated with relaxation, alertness, focus, happiness, awakened consciousness and manifestation?

Although your brain affects your reality it is also true that your thoughts affect your brain. By changing what you think to positive thought forms you can literally change the way your brain operates and how you feel.

Positive thoughts can actually change your brainwaves levels and influence the frequencies you experience.

The majority of us have some negative thought patterns programmed in our subconscious. Without us being aware of it, these negative thoughts influence your brain frequency levels to the point where you may feel tired, frustrated, stressed out, angry, edgy and simply all around negative. This is a vicious cycle that can be very difficult to break.

LESS CARDIOVASCULAR DISEASE

Men who believed their risk of suffering from cardiovascular disease was lower than average were three times less likely to die from heart attacks and strokes than men who believed otherwise found a 15-year study conducted by University of Rochester Medical Center researcher Robert Gramling. In Dr. Karina Davidson's 10-year study of 877 healthy women and 862 healthy men, published in the February 2010 issue of European Heart Journal, participants who reported feeling happier had less heart attacks than those who felt less happy.

LAW_ CHICAGO. IL SATURDAY_ 55-0115

E-18. . . . this is so much thought of people; they say, "Well, I'm weak; my faith is not very much; I'm not a very good Christian. " That's just what the devil wants you to say. You're just talking his language right then. See? You mustn't never say that. **Don't never let your testimony be negative; let it be positive all the time.** "I am saved. I have God in my heart. I believe Him with all my heart. " Do you believe in Divine healing? "With all of my heart. "

Let your--your testimony always and your thoughts, everything. . . Never permit a negative thought to come in your mind if you can help it. When it starts that, don't

entertain it. Well, you say, "I can't help the thoughts from coming. " Well, that'll be like the farmer that said he couldn't stop--he couldn't stop the birds from flying over his place, but he could sure stop them from roosting. " So that's a--that's a good thing. You see? You can't help the thoughts when they come, but don't--don't--don't entertain them; just pass it on. "No, sir. Jesus Christ is my Saviour; all things are mine by God. And I--I'm going to keep them. I'm going to testify of them. "

And God can only bless you as you confess that He has done it for you. See, He's the High Priest of our confession. Is that right? Hebrews 3. He said that He's the High Priest of our confession. He can only do for us as we accept it, and believe it, and confess it.

Oh, how. . . Maybe tomorrow afternoon, if God willing, I want to get around to something that's on my mind so strong right now, on how to receive the Lord Jesus. But maybe that'll be better in the Sunday school lesson tomorrow afternoon.

THE. POSITION. OF. A. BELIEVER. IN. CHRIST_ PHOENIX. AZ SUNDAY_ 55-0227A

E-25. . . . See, we have lots of hope, but not much faith. So we want to change from hope today to positive faith. **And there's only one way we can get positive faith: that's by positive thinking of positive things.**

CHEMISTRY OF YOUR BRAIN

What you put into your mind affects the chemistry of your brain. When you put in positive things, you push the chemistry in a positive direction. When you put in negative things, you push it in a negative direction.

Your brain has billions of neurons (brain cells) and trillions of connections between those neurons. Brain cells are not physically connected directly with each other like the wires in your house or car. **The neurons are connected indirectly through special chemicals called neurotransmitters.**

When one brain cell talks to another, it sends the message using neurotransmitters. The sending cell releases a tiny packet of chemicals that carries the message to the receiving cell. This scenario repeats itself trillions of times each day. The amount and distribution of the neurotransmitters is critical to the normal functioning of your brain.

The health of your brain cells and the amount of neurotransmitter chemicals available have a great deal to do with your state of mind. People who have severe depression are often found to have a deficiency in the amount of neurotransmitters available for use. Drugs that deplete the supply of neurotransmitters often lead to depression. Drugs that elevate the supply tend to alleviate depression.

For thousands of years, people have experimented with the chemistry of their brain. Alcohol, LSD, hallucinogenic mushrooms, ecstasy, amphetamines, crack cocaine, heroine, and marijuana are all chemicals that people use to change their brain chemistry to achieve a different mental state. These chemicals alter the physiology of your brain, and if you abuse them long enough, they alter the anatomy as well.

Changing the physiology of your brain takes your mind on a temporary trip to another location. Changing the anatomy not only takes you to a different mental destination, it leaves you there with permanent brain damage.

Every thought that you think is embedded at some level in the chemistry of your brain. When you say that someone has a positive mind, you infer that their positive thoughts are embedded in the biochemistry of their brain.

Your brain consists of hundreds of different types of molecules (chemicals) arranged in a highly complex configuration. Some of those chemicals are relatively stable structural molecules that create **the anatomy** of your brain. Other chemicals are non-

structural, and they create **the physiology** of the brain. **It takes both types of chemicals to make your brain work.**

Your brain contains trillions of cells, and each of those cells is a highly organized bag of chemicals. Your brain cells talk to each other using neurotransmitters, which are a different class of chemicals. Electrical impulses transmit messages throughout your central nervous system, and other types of chemicals called ions are responsible for creating those electrical potentials. Your brain is an infinitely complex living chemistry set. It's the chemistry of life, and that is why it's called biochemistry. The chemistry of your brain isn't static. Furthermore, what you put into your mind actually influences the chemistry of your brain.

The distribution and balance of neurotransmitters in your mind vary with your mood and patterns of thought. **One type of brain chemistry is associated with depression and negative thoughts, and a different type is associated with a positive state of mind.**

Positive self-talk pushes the chemistry of your brain in a positive direction. When you use positive self-talk on a regular basis, you do more than create a positive mind, you actually create a positive brain.

Self talk is the dialogue we use to communicate to ourselves. It is the words we think and the perceptions we have of situations and of our own self image. Whether positive or negative, self talk affects our sense of self worth, our self esteem, and how we perceive and react to situations. In short, it literally affects everything in our lives mainly because our thoughts directly determine our actions. So if our thoughts are positive, our actions will also be positive and vice versa.

Our thoughts create our reality. They influence our feelings and perceptions about what's going on in our lives. They

determine what we notice in the world around us and what we attract into our lives.

By expecting the negative, we filter our experiences and interpret events in a way that meets these expectations. We see only the negative side of each situation. We pay more attention to the negative comments from others, to the decisions we made that weren't the best and to the plans that didn't work out.

AWAKENING. JESUS_ TEMPE. AZ THURSDAY_ 63-0117

79 Talking, and a group of doctors, other day. He said--he said, "I read your book on Divine healing. "

I said, "I guess you criticized. "

Said, "No, sir. I admit that you're right. "

I said, "Thank you, Dr. Schoen. "

80 He said--he said, "Brother Branham, we have record that when we tell a person that's got a malignancy, or--or something is going to kill him, an ulcer ready to burst, or tubercular, **it depends on what attitude they take. If they get all tore up," said, "they die right away.** But," said, "if they take the attitude, 'Well, dying is just part of living. It's all right, when I die,'" said, "you know, it almost retards that case?"

81 **I just thought, "If that mental attitude, taken like that, what will it do when the Holy Spirit strikes that inner man?" There it is. It's. . . I asked him that.**

82 He said, "Certainly, that's right, if you can move into a spot, move up into that. " One of the best surgeons and doctors there is in southland, he said, "If it's. . . Mr. Branham, it can be proved. **If a man will move, can move up into that spot, until even his own mind don't even know he's got it, to think he's got it, and don't even pay any attention to it," said, "it would do it, if he can believe that.** " That's true. See?

AWAKENING. JESUS_ TEMPE. AZ THURSDAY_ 63-0117

83 The **mental attitude** you take towards it will bring. . . **Now, the mind won't do it. But if you give that attitude towards something got Life in it, then that Life comes**

down and does it. Not your mental attitude; that only brings you in the Presence of Him. That's what you do, your mind. The five senses is all right as long as they don't deny God. But when they go to denying God, then you leave them alone. God controls them. That's the Creator. . . .

EXPECTATION_ NEW. YORK. NY WEDNESDAY_ 50-0405

E-13. . . **We always get what we expect.** When people expect anything, well then they usually get what you look for. It's the mental attitude that you have.

Remember this, and never forget it. **The right mental attitude towards any promise of God will bring it to pass, the right mental attitude towards any promise of God.**

It doesn't take gifts of healing to heal sick people, any person in here has a right to meet Satan anywhere, if you're a Christian, and defeat him on any grounds that he could stand on. . . .

GOD. REVEALING. HIMSELF. TO. HIS. PEOPLE_ CLEVELAND. OH SUNDAY_ 50-0813E

E-39. . . . Just what I was trying to do to the woman, was **get her in the right mental attitude; she wouldn't have to be prayed for.** The right mental attitude towards any promise of God will bring it to pass. Do you believe that?

The Word is a Seed (Is that right?) that a Sower sowed in the ground. And every Seed will bring forth of its kind. If you need salvation, the Seed's here. If you need healing, here's the Seed in the Word. **The Word of God is a Seed. Put it in your heart. Don't dig it up every morning to see if it's sprouted, put it in there and leave it there. It's God's business to bring forth the harvest. You just leave it there; water it by faith and praise every day thanking God for it.** All right.

THE. HOUR. IS. COME_ PHOENIX. AZ SUNDAY_ 51-0415E

E-17. . . . Your right mental attitude towards God's Divine promise will bring any promise to pass.

Now, maybe you don't believe that. You say, "Well, my faith is weak. " I wouldn't confess it. See? **Don't let the devil know**

that. Always say, "I've got good faith. I believe God with all my heart. " See? Don't testify nothing of the devil. And when you accept Him as your Healer, **don't never act like you're sick or crippled any more. Believe that you're healed.** Take Him at His Word. **Then it's all over on God then and not on you.** See? You. . . As long as you take God at His Word, then the Word will produce what It promised to do. . .

HEALING. LINE_ CHICAGO. IL MONDAY_ 53-0907E

E-20 Now, go rejoicing, sister. Eat now, and enjoy your food. And God bless you. Let's say, "Thanks be to our Lord Jesus. " Now, **it's your mental attitude of approach.** Jesus could do not many mighty works because of what? Their Unbelief. . .

THE. RESURRECTION_ WEST. PALM. BEACH. FL SATURDAY_ 53-1205

E-44. . . . **Take God at His Word; get a happy mental attitude towards it, and start rejoicing,** saying, "God, You said so, and it's got to come to pass. . . ?. . . " Yes, sir. She didn't wait till she was positive. No, sir.

WHAT. THINK. YE. OF. CHRIST_ CHICAGO. IL SUNDAY_ 53-1213M

E-7. . . . Here's a statement that I usually make in the healing services, **"The right mental attitude towards any Divine promise of God will bring it to pass. " See? 'Cause it's a seed.** It has to.

WHAT. THINK. YE. OF. CHRIST_ CHICAGO. IL SUNDAY_ 53-1213M

E-8 And if the right mental attitude, **you just take the right mental attitude towards any Divine promise, watch it materialize.** See? No matter how it looks, if it looks impossible, if God said so He makes it possible. . . .

REVELATION. BOOK. OF. SYMBOLS_ JEFF. IN V-13 N-6 SUNDAY_ 56-0617

19. . . . No matter how downcast you are, whether you're-- whether you're a potentate or whether you'd be a streetwalker, **God loves just the same,** and died just as much for the prostitute as He did for the potentate. See? Yes. **You go to thinking of those things, then it--it changes everything,**

doesn't it? It changes the whole mental attitude, changes your opinion towards God.

JESUS. CHRIST. THE. SAME. YESTERDAY. TODAY. AND. FOREVER_ TERRE. HAUTE. IN FRIDAY_ 58-0214

E-31. . . . And let me say this now, that the Word of God will defeat the devil anywhere, any time, or any place. He will defeat the devil. And **the right mental attitude towards any Divine promise of God will bring it to pass. If you can look at it the way God wrote it, and accept it in your heart, God will make that Word become life.**

HEAR. YE. HIM_ CHATTANOOGA. TN SATURDAY_ 58-0301E

E-9. . . . I say this: that **the right mental attitude** towards any Divine promise of God will bring it to pass, **if you can get the right mental attitude towards that Divine promise.**

THE. UNCHANGEABLE. GOD_ TULSA. OK SATURDAY_ 60-0326

E-7 I can go on record for this tonight. **If any people will take the right mental attitude towards any Divine promise that God ever made and claim it for yours, He will--God will bring it to pass. If you'll take the right attitude towards it,** knowing that if God said so, the promise is yours, and it's your personal property the very minute you receive It that way, then it has to come to pass.

For Jesus said, "The Word is a Seed that a sower sowed. " And a seed, if it's a germitized seed and it goes into the ground, **then that seed under the right conditions of the sun and moisture, will bring forth the life that's in the seed.**

And so is the Word of God. If a person can take that Word and place It in their heart, and give It **the right sunshine, the right temperature,** not s-u-n, but S-o-n, and right temperature of faith in there, **that seed and promise will live to you just like it did at the beginning to the one It was given to.** Because it's God's Word, and He is the same yesterday, today, and forever. He cannot fail.