

Free From Guilt II

ROMANS 5:17

17 For if by one man's offence death reigned by one; much more they which receive abundance of grace and of the gift of righteousness shall reign in life by one, Jesus Christ.)

18 Therefore as by the offence of one judgment came upon all men to condemnation; even so by the righteousness of one the free gift came upon all men unto *justification of life.

*dikaiosin {dik-ah'-yo-sis} The act of God declaring men free from guilt and acceptable to him

I JOHN 1:8

8 If we say that we have no sin, we deceive ourselves, and the truth is not in us.

I JOHN 1:9

9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

I JOHN 1:10

10 If we say that we have not sinned, we make him a liar, and his word is not in us.

I JOHN 1:8

8 If we say that we have no *sin, we deceive ourselves, and the truth is not in us.

*Sin - hamartia {ham-ar-tee'-ah} To miss the mark; to err, be mistaken; to miss or wander from the path of uprightness and honour, to do or go wrong; to wander from the law of God, a violation of the divine law in thought or in act, aggregate of sins committed either by a single person or by many

I JOHN 1:9

9 If we *confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

*Confess - homologeo {hom-ol-og-eh'-o} To admit or declare one's self guilty of what one is accused of

Adam Clark's Commentary

Observe here, guilt, to be forgiven, must be confessed; and pollution, to be cleansed, must be also confessed. Few are pardoned, because they do not feel and confess their sins. . .

60-0515E ADOPTION. 1_ JEFFERSONVILLE. IN AD. 1 SUNDAY_

54 And there's where the church is failing today: on that walk. Do you know that even your own behavior can knock somebody else out of getting healed?

Your misbehavior of unconfessed sins of you believers, can cause this church to bitterly fail. And at the day of the judgment you'll be responsible for every bit of it.

54-0825 WE. HAVE. FOUND. HIM_ NEW. YORK. NY WEDNESDAY_

E-23 Now, in the prayer line, to you that's back in the rooms, that's lined up, if you do not with all your heart believe, don't you come in the prayer line.

If you have sin that you don't want called out publicly, you better confess if before coming to the prayer line (See?), for it'll be--it'll be made know.

50-0227 GOD. IN. HIS. PEOPLE_ LITTLE. ROCK. AR MONDAY_

E-26 The gift declares all diseases, rebukes sins, calls the secrets of the people's hearts. And remember, that any persons come into the prayer line,

if you come with unconfessed sin, remember, it'll be told from this platform. No matter how vulgar and bad it is, it'll be told from the platform.

I JOHN 1:9

9 If we confess our sins, he is faithful and just to forgive us our sins, and to *cleanse us from all unrighteousness.

*Cleanse - katharizo {kath-ar-id'-zo} To free from guilt of sin

HEBREWS 10:1

1 For the law having a shadow of good things to come, and not the very image of the things, can never with those sacrifices which they offered year by year continually make the comers thereunto perfect.

HEBREWS 10:2

2 For then would they not have ceased to be offered? because that the worshippers once *purged should have had no more conscience of sins.

*kathairo {kath-ah'-ee-ro} To cleanse, of filth impurity, etc; trees and vines (from useless shoots), to prune; metaph. from guilt

HEBREWS 10:28

26 For if we sin *wilfully after that we have received the knowledge of the truth, there remaineth no more sacrifice for sins,

*hekousios {hek-oo-see'-ose} Voluntarily, willingly, of one's own accord; to sin willfully as opposed to sins committed inconsiderately, and from ignorance or from weakness

50-0711 MINISTRY. EXPLAINED_ MINNEAPOLIS. MN TUESDAY_

E-52 When you come to the altar, what do you do? You confess your sins and ask God to forgive you. And then, in your heart.

Now get it! In your heart, you have to believe that He has forgiven you. Is that right? You have to believe that.

63-1028 PARDON_ TUCSON. AZ MONDAY_

35 A pardon from God is a release from guilt. Not the turning away by a psychological doctrine of some sort that might in some way give you a little feeling that you have done what's right, by joining church, or taking up some creed.

But it's a--a release from your guilt, by the power of Calvary. Something has released you. There's no more guilt. The Bible says, I believe, in Romans 5:1, "There is therefore now no condemnation to them that are in Christ Jesus, that walk not after the flesh, but after the Spirit. "

62-1124E ALL. THINGS_ SHREVEPORT. LA SATURDAY_

E-48 There's one more thing I'd like to speak of here in our pardon. And that is, after we receive our pardon, we receive purity with that pardon. Now, if you're just making out like you got pardon, you haven't got purity.

Now, you say, "Can you prove that, Brother Branham?" Mark this down: Hebrews the 9th chapter, the 11th to the 15th verse: "The worshipper once purged has no more conscience of sin. " If you're really pardoned, the very guilt, the very desire, has left you. It's all gone.

Purity goes with genuine pardoning. So if we claim pardon, and still not pure, how can we claim pardon, when pardon generates purity. See what I mean?

Cleansing, what cleansing you from what? Cleansing you from all connection of formal, dead, traditional works (Amen.), cleansing us from dead tradition. How can you still remain in dead tradition when

you're pure from it? Now, you read that in Hebrews 9:11. See if that's right.

It cleanses us from the filth of dead, formal, works when we have been pardoned by the Blood of Jesus, because it's the sanctifying power that goes with the pardoning. And we're cleansed from all of our dead works.

Guilt has Physiological and Psychological Effects

The psychological effects can include something bad, such as feeling of worthlessness or inferiority. A person may suffer physiological effects such as insomnia and physical pain, sleep disturbance, lack of appetite, overeating,

worsening of disease states such as hypertension, heart disease, and diabetes, memory loss, short attention span, mood swings, irritability, same symptoms as depression

Your body actually becomes weaker or stronger depending on your mental state. Shame holds the lowest vibration, followed by guilt and then apathy, grief, fear, anxiety, craving, anger and hate.

Conversely, trust, optimism, willingness, acceptance, forgiveness, understanding, love, reverence, joy, serenity and enlightenment strengthen you. Your heart emits a much stronger electro-magnetic force field than your brain.

So, your brain entrains with your heart, and matches its biological rhythm. That means if you feel love, appreciation and gratitude in your heart, your brain will entrain with that and enter a coherent pattern.

If your heart feels anger, frustration or fear, your brain will entrain with that and go into an incoherent pattern. Recent medical studies prove that depression is a greater cause of heart disease than smoking.

Researchers found that in depressed people the blood platelets became more sticky, clogging arteries and veins.

Guilt can make someone over responsible. They will think that life has to be perfect, and will do everything to try to please everyone. It may make someone over conscientious so that they may neglect their needs to avoid affecting others with the negative consequences of an action.

Oversensitivity becomes a problem, as one becomes obsessed with every aspect of right and wrong in the making of a decision.

Guilt is a Pain

The good news is that guilt is a pain. That may not seem like good news unless you understand that pain isn't always our enemy; it's a God-given early warning system that can be our best friend. Dr. Paul Brand co-authored a book entitled *Pain: The Gift Nobody Wants*.

Dr. Brand spent many years working with leprosy patients in the United States and around the world. He explains that one of the worst effects of the disease is that patients lose their ability to feel pain. As a result, they frequently injure their hands and feet without even knowing it.

Pain is a protector. It can alert us to physical problems that could grow more serious if not addressed. Pain is also a teacher. Once we touch something hot, we learn very quickly not to touch it again.

On the flip side, pain can also be a prison. Chronic discomfort that never ends can be absolute torture. So can mental or emotional pain if we have no way to deal with or resolve it.

When it comes to guilt, the way in which we deal with that pain determines whether we live a limited life or a liberated life.

There is such a thing as false guilt. Many, many people have been tormented by remorse over traumatic events in their past over which they had no control, such as abuse or abandonment. Even though victims deserve compassion, not condemnation, we sometimes carry those burdens for a lifetime.

59-1220E IDENTIFIED. WITH. CHRIST_ JEFFERSONVILLE. IN V-4 N-4 SUNDAY_

80 Tonight, we're going to baptize, just in a few minutes, people here in the room that's here to be baptized. And if there's any desire in your heart that you want--have any great worldly ambitions, repent of them right now. Tell God you're sorry that you wanted to be some great worldly person. [Blank. spot. on. tape--Ed.] Say, "Lord, my complete ambition is to be like Jesus.

Come meekly, humbly. [Blank. spot. on. tape--Ed.] And then when you put your hands upon His head and by faith confess your sins, say, "Lord, I'm sorry I done it. " Then what will happen? God will transfer all your guilt over on Him and take His innocence and put it back on you, and you stand justified in the Presence of God, because you believed on Jesus Christ, His Son. What a plan of salvation. Then you'll share in His

glory. The goodness of God will come into your heart. The power of His resurrection will make you a new person. It'll satisfy every longing.